

**\*\*Return pages 1 and 4 ONLY to the Athletic Office by May 3rd @ 3:00 p.m.**



Torrey Pines High School  
Sideline Cheer Application  
2024 - 2025

**Personal Information**

_____		25 26 27 28
Name		Grad Year
_____		
Address		
_____		
_____		
Email		Phone #

**PHOTO**

\*Please include a current,  
non-formal headshot.  
\*Do not exceed the outer  
box frame.

**Athletic Skills**

List all cheer, dance & gymnastics experience.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Honors, Awards & Organizations**

List all achievements, curricular and extra-curricular activities.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Consent & Agreement**

As a cheerleader applicant, my legal guardian and I have read and we understand all of the tryout requirements and will abide by the FINAL decision of the judges and cheer program with regards to acceptance and squad placement for the 2024-2025 cheer season.

\_\_\_\_\_  
Cheerleader Applicant Signature

\_\_\_\_\_  
Legal Guardian Signature

\_\_\_\_\_  
Date



Torrey Pines High School  
**Sideline Cheer Program**  
**2024-2025**

### **Program Mission**

This cheer program is designed to support athletics and other school-related events. You will serve as an ambassador of Torrey Pines High School for the entire school year. If a cheerleader quits, she will not be allowed to tryout the following year.

### **Time Commitment**

You will be expected to attend all school cheer functions. This includes, but is not limited to, practices, games, playoffs, pep rallies and other unforeseen events. You will be expected to arrive at the required time and stay until the event is complete or the person in charge excuses and/or releases you. Arriving late and/or leaving early will result in receiving 2 infractions and/or performance eligibility. Excuses are at the sole discretion of the coaches, advisor, teacher or chaperone.

### **Grades**

To stay eligible for active participation, you must maintain a GPA of 2.0. Infractions will be issued for absences, arriving late, leaving early, being unprepared or displaying a poor attitude and/or poor work ethic.

### **Responsibility**

You are responsible for maintaining your entire uniform and all items associated with the program. If you lose, damage, or do not bring any required item to a practice, game or performance, you risk not participating and having the appropriate disciplinary action taken. You will also maintain a positive school record (including the Social Media Contract). In the event of any disciplinary action taken by the school, you may possibly lose the privilege to participate and not earn a Varsity Letter.

As a member of this team, you represent the Torrey Pines Cheer Program and your actions are a direct reflection on your teammates, the coaching staff and the school. On campus and off, you should conduct yourself not only as a respected student-athlete of TPHS, but also a respected member of the community.



Torrey Pines High School  
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### **PRACTICE**

Practice is mandatory. Participation is important to learn material, stunts, and develop the skills necessary to become an active participant in the Torrey Pines Cheer Program. Failure to comply with the general guidelines may result in not participating or if serious enough, face possible suspension from the team.

### **GUIDELINES**

- A. Come prepared with correct attire, poms, etc.
- B. Be and stay at practice at the assigned times.
- C. Notify coaches, advisor in advance via email if you will not be at practice.
- D. Make early arrangements with the coach or advisor prior to a practice/game if you must leave early.
- E. If you are too sick to come to practice, you will not participate if there is a game that week.

### **UNIFORMS**

You are responsible for maintaining and wearing all parts of your uniform when required, including poms, bows and school-game attire. This also includes removing all jewelry (seen or unseen), long fingernails and tips. Failure to comply with these responsibilities can and may result in receiving an infraction.

If you have any concerns with your daughter's or son's participation, you may speak to the supervising coach or advisor present **after** any practice or event. Please schedule a time to meet via email.



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I have read and understand all of the rules for the Torrey Pines Cheer Sideline Program and understand that I will be held accountable for them throughout the course of the cheer year. I agree to abide by these rules and understand the consequences if I do not.

If I decide to quit during the cheer year, my decision will be final. I will not be allowed to try out the following year.

\_\_\_\_\_  
Cheerleader Name (print)

\_\_\_\_\_  
Cheerleader Signature

\_\_\_\_\_  
Parent/Guardian Name (print)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

